



Life Learning Journey Map

Year 7



Key Vocabulary

- | | |
|---------------|---------------|
| Resilience | Philosophical |
| Physical | Empirical |
| Emotional | Rationalism |
| Counselling | Materialism |
| Meditation | Existential |
| Negotiate | Alcohol |
| Grooming | Nicotine |
| Manipulation | Dependence |
| Employability | Social |
| Reputation | Resist |
| Exploitation | Puberty |
| Inappropriate | Menstruation |
| Vulnerable | Hormonal |
| Behaviour | Transition |
| Intervene | Confidence |

Move on to Year 8!

Lifestyle Choices?

Recognise the harm caused by smoking and alcohol including passive smoking and drink driving. Know how to challenge pressure to smoke or drink alcohol.

Respond to harm and know where to seek support in the community for help with issues relating to smoking and alcohol.

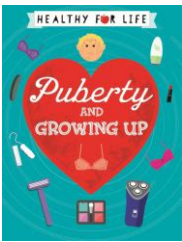


YEAR
7

Managing Physical and Emotional Wellbeing during Puberty

Recognise the challenges and range of responses individuals may experience during this stage of development.

Respond using strategies to manage these changes effectively to enable me to have a positive experience of the transition from child to adult.

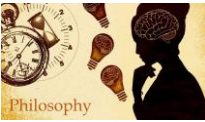


YEAR
7

It's Not Ok

Recognise features of healthy relationships and when behaviour is harmful

Respond to unsafe situations, know strategies to report and where to get support



Life, The Universe and Everything

Recognise and explore own and other viewpoints about the purpose and origin of human existence.

Respond to the opinions of others and respect views which challenge my own.

YEAR
7

Digital Identity

Recognise the benefits and challenges of digital identity and safe

Respond safely to risks and know where and when to seek support



YEAR
7

Religion and Identity

Recognise features of Sikh and Jewish religious identity.

Respond to and consider the importance of appearance to personal values and identity



YEAR
7

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OVERVIEW

Emotional Wellbeing

Recognise features of emotional wellbeing

Respond positively using a range of strategies to challenges



Welcome

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OVERVIEW



Life Learning Journey Map

Year 8



Key Vocabulary

Compassion
Respite
Altruism
Beneficiary
Empathetic

Consensual
Respect
Boundaries
Expectation
Dignity

Diversity
Acceptance
Cultural
Identity
Inclusion

Abstinence
Contraception
Pregnancy
Infectious
Sexuality

Genetic
Adoption
Fostering
Responsibility
Nurture

Marriage
Commitment
Celebration
Ceremony
Coercion

Move on to Year 9!

Marriage and Civil Partnerships

Recognise the legal status of marriage in the UK and why it is valued in many religious communities and in non-religious contexts. Know marriage never be forced.
Respond and be aware of how people who are married or in a relationship are protected by the law.



YEAR
8

Sexual Health

Recognise how sexual contact and sexual intercourse can result in a sexually transmitted infection or pregnancy. Know that only not having any sexual contact with a person can remove the risk completely.
Respond evaluate how barrier and hormonal contraception can reduce risks



YEAR
8

Healthy Relationships and Respect

Recognise features of healthy and unhealthy relationships including grooming and exploitation. Understand how consent and respect are essential to all relationships including legal protection.
Respond and evaluate strategies to help to recognise and respond immediately to my own and others concern about harmful behaviour.



YEAR
8

Families and Parenting

Recognise family structures and their benefits and challenges in the care of children. Understand the role and responsibilities of parenting a child and how a range of parenting styles impact upon healthy child development.
Respond to a range of family and parenting children and young people experience



YEAR
8

Diverse Communities

Recognise the features of individual and shared identities. Explore the values we share with others and diversity in expression of identity in our local and national communities.
Respond to the heritage we share in our communities and the celebration of culture we experience



YEAR
8

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OVERVIEW

Kindness and Caring

Recognise the value and benefit of kindness and caring for others for own emotional and social wellbeing.
Respond to informal and formal caring opportunities and how these roles are valued in communities and society.



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Life Learning Journey Map

Year 9



Key Vocabulary

Disinformation	Stereotype
Conspiracy	Discrimination
Verification	Bias
Reliability	Equality
Source	Prejudice
Terrorism	Immigration
Experimentation	Asylum
Cosmetic	Censorship
Intensive	Trafficking
Scrutiny	Enslave
Psychological	Hallucination
Rehabilitation	Psychosis
Restorative	Possession
Society	Criminalisation
Exclusion	Addiction

Move on to Year 10!

Substance Misuse



Recognise the harm that use of illegal substances causes for individual and communities. Identify strategies to manage social pressure to use substances which can be harmful and prioritise my physical and emotional wellbeing.

Respond and know how to report criminal exploitation which can target young people to be become involved in using and supplying illegal drugs.

YEAR
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Human Rights

YEAR
9

Recognise the process through which human rights become internationally accepted through the United Nations. Evaluate how human rights can protect individuals and democracy in current contexts. Understand reasons people become refugees, migrants and asylum seekers.

Respond to the experiences of vulnerable individuals who have been victims of exploitation, trafficking and modern slavery.



Prejudice and Discrimination

Recognise stereotyping and how prejudice cause harm to individuals and communities. Understand the historical and current examples of discrimination in context.

Respond to strategies challenge discrimination and promote acceptance within communities.



YEAR
9

What is crime and why do we punish?



Recognise features of criminal behaviour and evaluate risk factors which may influence individual actions. Know and understand how the law is intended to protect society the role of the police in enforcement.

Respond and evaluate how effective sanctions, including community rehabilitation and the prison system, are in reducing criminal behaviour.

YEAR
9

Animal Welfare

Recognise how human beings interact with animals and responsibilities towards their care and ethical treatment.

Respond and evaluate the impact of human behaviour for animals and the environment



YEAR
9

CURRICULUM
OVERVIEW

What is truth and does it matter?

Recognise common sources of misinformation and disinformation present in digital and non-digital media.

Respond with strategies to verify information and critically evaluate sources.



welcome

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OVERVIEW



Life Learning Journey Map

Year 10



Key Vocabulary

Controlling
Implicit
Explicit
Abusive
Harassment

Fertility
Surrogacy
Menopause
Donor
Sterilise

Transmission
Asymptomatic
Stigma
Curable
Manageable

Empower
Intrusion
Prosecution
Violation
Privacy

Foetal
Diagnostic
Paternity
Embryo
Conception

Mindfulness
Holistic
Reflective
Aspiration
Spirituality

Move on to Year 11!

Emotional Wellbeing

Recognise factors which influence our emotional and physical wellbeing including stress and sleep. Identify features of concern linked to emotional wellbeing including self-harm and eating disorders.
Respond and seek support in the event I experience suicidal thoughts or feel concerned for the safety of others.



Sexual Images and Consent

Recognise reasons why young people may feel expectation and pressure to share sexual images of themselves with others. Know how the law protects young people and where to seek advice and support if an image is shared.
Respond to the impact of legally available pornography for relationships and how content may have a harmful impact upon expectations and understanding of consent. Know how to report sexual images of young people and to seek support if an image of an adult is used to exploit or humiliate.



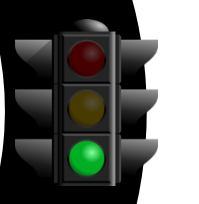
Fertilities and Families

Recognise responses to infertility and know the range of support available for individuals and families. Identify alternative routes to parenting and families. Understand the menopause and implications for wellbeing and fertility.
Respond and evaluate the role of assisted reproduction, donors and surrogacy. Know how the process of adoption supports children and develops family and parenting opportunities.



Pregnancy and Parenting

Recognise stages of development during pregnancy and the implications for emotional and physical health and wellbeing. Know the legal status of termination in the UK and how the process is supported and advice and counselling offered to all those who may be affected.
Respond and understand how miscarriage affects pregnancy and where to seek help and support. Understand that emotional wellbeing can affect all parents and the specific support for individuals and families.



Protecting Sexual Health and Wellbeing

Recognise physical signs of sexual transmitted infection and understand the risks of specific sexual contact and intercourse.
Respond and understand the importance of the role of testing and tracing in reducing infections, in addition to the individual protect offered by the effective use of barrier contraception.



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Respect and Consent in Sexual Relationships

Recognise what sexual consent means in a range of contexts including within established relationships. Recognise features of controlling and coercive behaviour within relationships.
Respond and know sexual and domestic violence, including rape, should be reported to the Police. Know how victims are supported by charities, health professionals and the Police.

CONSENT
Is About Respect

I ASK.

Welcome

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OVERVIEW



Life Learning Journey Map

Year 11



Key Vocabulary

Apprenticeship
Vocational
Aspiration
Academic
Internship

Extremism
Corruption
Democracy
Insurrection
Constitution

Move on to Post 16!
A-Levels/T-Levels/
Apprenticeships/
Employment



Managing Stress and Pressure

Recognise how to use resources and strategies to manage exam pressures and feelings of anxiety.
Respond to pressure and know when and where to access help to support emotional wellbeing



Extremism

Recognise strategies and tactics used to groom and exploit online. Understand the role of democracy and human rights protection of free speech and democracy. Consider the balance between freedom and security in a range of present contexts.
Respond and evaluate the role of censorship and control of the media in challenging and supporting democratic government.



Employability

Recognise skills required by a range of workplace environments. Understand and develop interpersonal skills.
Respond with an effective approach to interviews and applications



CURRICULUM
OVERVIEW

Moving Forward

Recognise the range of further education, training and employment options available locally and nationally. Identify how skills, interests and experiences can inform choices.
Respond and research options and complete the process of applying to range of providers to ensure effective and flexible planning for next steps.

